



DATE:	28-01-2024	TIME:	02:56 PM
NAME:	WELLTRA		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		59	
BREATHING RATE:		22	
PRQ:		2.7	
STRESS LEVEL:		High	
BLOOD PRESSURE:			
HEART RATE VARIABLITY:		66	
OXYGEN SATURATION:			
HBA1C:		5.2	
HEMOGLOBIN:		13.0	
NOTES:			

VITAL SIGNS

LOG BOOK