



DATE:	13-02-2024	TIME:	09:47 AM
NAME:	Bernadett		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		86	
BREATHING RATE:		13	
PRQ:		6.9	
STRESS LEVEL:		Low	
BLOOD PRESSURE:		122/76	
HEART RATE VARIABLITY:		39	
OXYGEN SATURATION:		99	
HBA1C:		5.9	
HEMOGLOBIN:		13.5	
NOTES:			

# VITAL SIGNS

## LOG BOOK