



DATE:	14-02-2024	TIME:	09:03 AM
NAME:	Bernadett		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		87	
BREATHING RATE:		15	
PRQ:		5.7	
STRESS LEVEL:		High	
BLOOD PRESSURE:		117/73	
HEART RATE VARIABLITY:		61	
OXYGEN SATURATION:		99	
HBA1C:		5.43	
HEMOGLOBIN:		11.8	
NOTES:			

# VITAL SIGNS

## LOG BOOK