



DATE:	29-03-2024	TIME:	12:57 PM
NAME:	uksdu		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		51	
BREATHING RATE:		21	
PRQ:		2.5	
STRESS LEVEL:		High	
BLOOD PRESSURE:		109/69	
HEART RATE VARIABLITY:		71	
OXYGEN SATURATION:		99	
HBA1C:		5.2	
HEMOGLOBIN:		13.4	
NOTES:			

# VITAL SIGNS

## LOG BOOK