



DATE:	23-02-2024	TIME:	11:09 AM
NAME:	Omar Anees		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		58	
BREATHING RATE:		19	
PRQ:		3.1	
STRESS LEVEL:		High	
BLOOD PRESSURE:		116/72	
HEART RATE VARIABLITY:		55	
OXYGEN SATURATION:		99	
HBA1C:		5.2	
HEMOGLOBIN:		12.3	
NOTES:			

# VITAL SIGNS

## LOG BOOK