



DATE:	22-02-2024	TIME:	03:41 PM
NAME:	nick		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		70	
BREATHING RATE:		18	
PRQ:		3.9	
STRESS LEVEL:		Low	
BLOOD PRESSURE:		130/76	
HEART RATE VARIABLITY:		49	
OXYGEN SATURATION:		99	
HBA1C:		5.46	
HEMOGLOBIN:		11.3	
NOTES:			

VITAL SIGNS

LOG BOOK