



DATE:	29-02-2024	TIME:	11:24 AM
NAME:	Kyle Estess		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		82	
BREATHING RATE:		21	
PRQ:		3.9	
STRESS LEVEL:		High	
BLOOD PRESSURE:		122/74	
HEART RATE VARIABLITY:		71	
OXYGEN SATURATION:		99	
HBA1C:		5.58	
HEMOGLOBIN:		14.8	
NOTES:			

VITAL SIGNS

LOG BOOK