



DATE:	02-03-2024	TIME:	07:57 AM
NAME:	Max		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	56		
BREATHING RATE:	15		
PRQ:	3.8		
STRESS LEVEL:	High		
BLOOD PRESSURE:	115/73		
HEART RATE VARIABILITY:	73		
OXYGEN SATURATION:	99		
HBA1C:	4.89		
HEMOGLOBIN:	11.6		
NOTES:			

# VITAL SIGNS

## LOG BOOK