



DATE:	18-12-2023	TIME:	11:14 AM
NAME:	Omar		
	MORNING	MID-DAY	NIGHT
HEART RATE:			57
BREATHING RATE:			27
PRQ:			2.1
STRESS LEVEL:			High
BLOOD PRESSURE:			109/71
HEART RATE VARIABILITY:			0.14
OXYGEN SATURATION:			96
HBA1C:			6.78
HEMOGLOBIN:			11.6
NOTES:			

# VITAL SIGNS

## LOG BOOK