



DATE:	07-03-2024	TIME:	08:10 PM
NAME:	Christoffer Hansen		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			53
BREATHING RATE:			18
PRQ:			2.9
STRESS LEVEL:			High
BLOOD PRESSURE:			121/77
HEART RATE VARIABILITY:			125
OXYGEN SATURATION:			99
HBA1C:			5.18
HEMOGLOBIN:			14.0
NOTES:			

VITAL SIGNS

LOG BOOK