



DATE:	12-03-2024	TIME:	11:55 AM
NAME:	Ali Nammari		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		74	
BREATHING RATE:		20	
PRQ:		3.8	
STRESS LEVEL:		Medium	
BLOOD PRESSURE:		117/74	
HEART RATE VARIABILITY:			
OXYGEN SATURATION:		99	
HBA1C:		5.23	
HEMOGLOBIN:		12.8	
NOTES:			

VITAL SIGNS

LOG BOOK