



DATE:	22-03-2024	TIME:	04:55 PM
NAME:	yashwant sharma		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			88
BREATHING RATE:			16
PRQ:			5.9
STRESS LEVEL:			MILD
BLOOD PRESSURE:			124/77
HEART RATE VARIABLITY:			30
OXYGEN SATURATION:			99
HBA1C:			5.61
HEMOGLOBIN:			13.4
NOTES:			

# VITAL SIGNS

## LOG BOOK