



DATE:	22-03-2024	TIME:	07:35 PM
NAME:	nj		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			78
BREATHING RATE:			17
PRQ:			4.5
STRESS LEVEL:			MILD
BLOOD PRESSURE:			120/74
HEART RATE VARIABILITY:			33
OXYGEN SATURATION:			99
HBA1C:			5.34
HEMOGLOBIN:			13.3
NOTES:			

VITAL SIGNS

LOG BOOK