



DATE:	16-04-2024	TIME:	12:07 PM
NAME:	Shannon Uppal		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		57	
BREATHING RATE:		11	
PRQ:		5.0	
STRESS LEVEL:		High	
BLOOD PRESSURE:		117/71	
HEART RATE VARIABILITY:		60	
OXYGEN SATURATION:		99	
HBA1C:		5.22	
HEMOGLOBIN:		11.7	
NOTES:			

VITAL SIGNS

LOG BOOK