



DATE:	19-10-2024	TIME:	10:16 PM
NAME:	Shianna		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			145
BREATHING RATE:			11
OXYGEN SATURATION:			-1
BLOOD PRESSURE:			97 / 75
STRESS LEVEL:			Normal
HEART RATE VARIABILITY:			24
PRQ:			13.74
ACTIVITY:			2
SLEEP:			3
EQUILIBRIUM:			2
METABOLISM:			2

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RELAXATION:			2
HEMOGLOBIN:			Coming soon
HBA1C:			6.5
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK