



DATE:	21-10-2024	TIME:	10:34 PM
NAME:	Shianna		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			152
BREATHING RATE:			
OXYGEN SATURATION:			-1
BLOOD PRESSURE:			95 / 72
STRESS LEVEL:			High
HEART RATE VARIABILITY:			16
PRQ:			-1.00
ACTIVITY:			2
SLEEP:			2
EQUILIBRIUM:			3
METABOLISM:			3

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RELAXATION:			2
HEMOGLOBIN:			Coming soon
HBA1C:			6.5
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

# VITAL SIGNS

## LOG BOOK