



DATE:	22-10-2024	TIME:	03:33 PM
NAME:	Shianna		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		127	
BREATHING RATE:		11	
OXYGEN SATURATION:		-1	
BLOOD PRESSURE:		100 / 79	
STRESS LEVEL:		Normal	
HEART RATE VARIABILITY:		30	
PRQ:		11.95	
ACTIVITY:		3	
SLEEP:		3	
EQUILIBRIUM:		4	
METABOLISM:		4	

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RELAXATION:		2	
HEMOGLOBIN:		Coming soon	
HBA1C:		6.5	
CHOLESTEROL:		Coming soon	
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK