



DATE:	16-10-2024	TIME:	12:12 PM
NAME:	Test		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		94	
BREATHING RATE:		11	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		120 / 67	
STRESS LEVEL:		Low	
HEART RATE VARIABILITY:		100	
PRQ:		8.28	
ACTIVITY:			
SLEEP:		1	
EQUILIBRIUM:		3	
METABOLISM:		3	

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RELAXATION:		4	
HEMOGLOBIN:		Coming soon	
HBA1C:		4.0 – 5.6	
CHOLESTEROL:		Coming soon	
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK