



DATE:	29-10-2024	TIME:	04:10 PM
NAME:	Fares Anees		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			76
BREATHING RATE:			11
OXYGEN SATURATION:			98
BLOOD PRESSURE:			115 / 84
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			54
PRQ:			7.05
ACTIVITY:			4
SLEEP:			5
EQUILIBRIUM:			4
METABOLISM:			4

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RELAXATION:			2
HEMOGLOBIN:			Coming soon
HBA1C:			6.5
CHOLESTEROL:			Coming soon
NOTES:			

VITAL SIGNS LOG BOOK