



DATE:	15-12-2024	TIME:	06:04 PM
NAME:	jena Holcomb		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			112
BREATHING RATE:			8
OXYGEN SATURATION:			-1
BLOOD PRESSURE:			133 / 67
STRESS LEVEL:			Normal
HEART RATE VARIABILITY:			17
PRQ:			14.88
ACTIVITY:			2
SLEEP:			2
EQUILIBRIUM:			3
METABOLISM:			3

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RELAXATION:			2
HEMOGLOBIN:			Coming soon
HBA1C:			6.5
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK