



DATE:	07-11-2024	TIME:	11:02 AM
NAME:	Ali Alkarbi		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		74	
BREATHING RATE:		17	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		122 / 78	
STRESS LEVEL:		Low	
HEART RATE VARIABILITY:		61	
PRQ:		4.50	
ACTIVITY:		3	
SLEEP:		3	
EQUILIBRIUM:		4	
METABOLISM:		4	

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RELAXATION:		2	
HEMOGLOBIN:		Coming soon	
HBA1C:		4.0 – 5.6	
CHOLESTEROL:		Coming soon	
NOTES:			

VITAL SIGNS

LOG BOOK