



DATE:	14-11-2024	TIME:	01:01 AM
NAME:	Samantha Carter		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	127		
BREATHING RATE:	15		
OXYGEN SATURATION:	-1		
BLOOD PRESSURE:	148 / 81		
STRESS LEVEL:	Normal		
HEART RATE VARIABILITY:	21		
PRQ:	8.46		
ACTIVITY:	3		
SLEEP:	2		
EQUILIBRIUM:	4		
METABOLISM:	4		

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RELAXATION:	1		
HEMOGLOBIN:	Coming soon		
HBA1C:	6.5		
CHOLESTEROL:	Coming soon		
<u>NOTES:</u>			

# VITAL SIGNS

## LOG BOOK