



DATE:	27-11-2024	TIME:	08:41 PM
NAME:	Lani		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			79
BREATHING RATE:			18
OXYGEN SATURATION:			98
BLOOD PRESSURE:			128 / 86
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			117
PRQ:			4.33
ACTIVITY:			
SLEEP:			1
EQUILIBRIUM:			3
METABOLISM:			3

DATE:	27-11-2024	TIME:	08:41 PM
NAME:	Lani		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
RELAXATION:			3
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK