



DATE:	05-12-2024	TIME:	12:59 PM
NAME:	Mercades		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	105	133	
BREATHING RATE:	17	15	
OXYGEN SATURATION:	-1	-1	
BLOOD PRESSURE:	113 / 83	118 / 92	
STRESS LEVEL:	Low	Low	
HEART RATE VARIABILITY:	38	85	
PRQ:	6.20	9.02	
ACTIVITY:	3	4	
SLEEP:	4	3	
EQUILIBRIUM:	3	3	
METABOLISM:	3	3	

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RELAXATION:	3	3	
HEMOGLOBIN:	Coming soon	Coming soon	
HBA1C:	4.0 – 5.6	4.0 – 5.6	
CHOLESTEROL:	Coming soon	Coming soon	
NOTES:			

VITAL SIGNS

LOG BOOK