



DATE:	06-12-2024	TIME:	03:16 AM
NAME:	Mercades		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	120		
BREATHING RATE:	30		
OXYGEN SATURATION:	98		
BLOOD PRESSURE:	118 / 83		
STRESS LEVEL:	Low		
HEART RATE VARIABILITY:	92		
PRQ:	4.05		
ACTIVITY:			
SLEEP:	3		
EQUILIBRIUM:	4		
METABOLISM:	4		

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RELAXATION:	3		
HEMOGLOBIN:	Coming soon		
HBA1C:	4.0 – 5.6		
CHOLESTEROL:	Coming soon		
NOTES:			

VITAL SIGNS

LOG BOOK