



DATE:	13-12-2024	TIME:	06:48 AM
NAME:	Mercades		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	80		
BREATHING RATE:	13		
OXYGEN SATURATION:	98		
BLOOD PRESSURE:	118 / 87		
STRESS LEVEL:	Low		
HEART RATE VARIABILITY:	71		
PRQ:	6.21		
ACTIVITY:	3		
SLEEP:	4		
EQUILIBRIUM:	3		
METABOLISM:	3		

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RELAXATION:	4		
HEMOGLOBIN:	Coming soon		
HBA1C:	4.0 – 5.6		
CHOLESTEROL:	Coming soon		
NOTES:			

VITAL SIGNS

LOG BOOK