



DATE:	21-01-2025	TIME:	04:20 PM
NAME:	LIS		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		86	92
BREATHING RATE:		7	26
OXYGEN SATURATION:		98	98
BLOOD PRESSURE:		128 / 85	123 / 85
STRESS LEVEL:		Normal	Low
HEART RATE VARIABILITY:		23	47
PRQ:		12.99	3.49
ACTIVITY:		3	4
SLEEP:		4	5
EQUILIBRIUM:		3	4
METABOLISM:		3	4

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RELAXATION:		1	3
HEMOGLOBIN:		Coming soon	Coming soon
HBA1C:		4.0 – 5.6	4.0 – 5.6
CHOLESTEROL:		Coming soon	Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK