



DATE:	21-02-2025	TIME:	05:26 PM
NAME:	Manal		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			92
BREATHING RATE:			12
OXYGEN SATURATION:			-1
BLOOD PRESSURE:			118 / 80
STRESS LEVEL:			Normal
HEART RATE VARIABILITY:			25
PRQ:			7.99
ACTIVITY:			4
SLEEP:			3
EQUILIBRIUM:			2
METABOLISM:			2

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RELAXATION:			2
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK