



DATE:	20-02-2025	TIME:	10:32 AM
NAME:	HUSSEIN ALSAAD		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		71	
BREATHING RATE:		9	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		117 / 72	
STRESS LEVEL:		Low	
HEART RATE VARIABILITY:		48	
PRQ:		7.63	
ACTIVITY:		3	
SLEEP:		4	
EQUILIBRIUM:		1	
METABOLISM:		1	

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	<b>MORNING (12AM-08AM)</b>	<b>MID-DAY (08AM-04PM)</b>	<b>NIGHT (04PM-12AM)</b>
RELAXATION:		2	
HEMOGLOBIN:		Coming soon	
HBA1C:		4.0 – 5.6	
CHOLESTEROL:		Coming soon	
<u>NOTES:</u>			

# VITAL SIGNS

## LOG BOOK