



DATE:	15-02-2025	TIME:	07:10 PM
NAME:	Leandro		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			87
BREATHING RATE:			13
OXYGEN SATURATION:			98
BLOOD PRESSURE:			112 / 72
STRESS LEVEL:			Normal
HEART RATE VARIABILITY:			21
PRQ:			6.75
ACTIVITY:			3
SLEEP:			3
EQUILIBRIUM:			4
METABOLISM:			4

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RELAXATION:			1
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK