



DATE:	26-02-2025	TIME:	11:06 AM
NAME:	Ali A. A.		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		??	
BREATHING RATE:		??	
OXYGEN SATURATION:		??	
BLOOD PRESSURE:		??/?	
STRESS LEVEL:		Low	
HEART RATE VARIABILITY:		??	
PRQ:		???	
ACTIVITY:		2	
SLEEP:		4	
EQUILIBRIUM:		5	
METABOLISM:		5	

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	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
RELAXATION:		2	
HEMOGLOBIN:			
HBA1C:		6.5	
CHOLESTEROL:			
<u>NOTES:</u>			

# VITAL SIGNS LOG BOOK