



DATE:	25-03-2025	TIME:	09:55 PM
NAME:	Ericka		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			110
BREATHING RATE:			14
OXYGEN SATURATION:			-1
BLOOD PRESSURE:			120 / 68
STRESS LEVEL:			Normal
HEART RATE VARIABILITY:			26
PRQ:			8.01
ACTIVITY:			4
SLEEP:			3
EQUILIBRIUM:			5
METABOLISM:			5

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RELAXATION:			2
HEMOGLOBIN:			Coming soon
HBA1C:			6.5
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK