



DATE:	17-09-2024	TIME:	09:43 AM
NAME:	TAREQ ANEES		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		87	
BREATHING RATE:		13	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		126 / 68	
STRESS LEVEL:		Low	
HEART RATE VARIABILITY:		37	
PRQ:		6.56	
ACTIVITY:		5	
SLEEP:		4	
EQUILIBRIUM:		4	
METABOLISM:		4	

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RELAXATION:		2	
HEMOGLOBIN:		Coming soon	
HBA1C:		4.0 – 5.6	
CHOLESTEROL:		Coming soon	
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK