



DATE:	18-09-2024	TIME:	08:54 PM
NAME:	TAREQ ANEES		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		73	103
BREATHING RATE:		23	15
OXYGEN SATURATION:		98	94
BLOOD PRESSURE:		122 / 67	122 / 68
STRESS LEVEL:		Low	Low
HEART RATE VARIABILITY:		38	38
PRQ:		3.22	6.93
ACTIVITY:		4	5
SLEEP:		5	5
EQUILIBRIUM:		4	5
METABOLISM:		4	5

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RELAXATION:		2	3
HEMOGLOBIN:		Coming soon	Coming soon
HBA1C:		4.0 – 5.6	4.0 – 5.6
CHOLESTEROL:		Coming soon	Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK