



DATE:	26-01-2025	TIME:	05:19 PM
NAME:	TAREQ ANEES		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			90
BREATHING RATE:			25
OXYGEN SATURATION:			98
BLOOD PRESSURE:			118 / 68
STRESS LEVEL:			Mild
HEART RATE VARIABILITY:			12
PRQ:			3.65
ACTIVITY:			2
SLEEP:			3
EQUILIBRIUM:			2
METABOLISM:			2

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RELAXATION:			1
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK