



DATE:	18-09-2024	TIME:	08:59 PM
NAME:	Michael Papadopoulos		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			56
BREATHING RATE:			36
OXYGEN SATURATION:			98
BLOOD PRESSURE:			114 / 83
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			93
PRQ:			1.58
ACTIVITY:			
SLEEP:			4
EQUILIBRIUM:			1
METABOLISM:			1

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RELAXATION:			3
HEMOGLOBIN:			Coming soon
HBA1C:			6.5
CHOLESTEROL:			Coming soon
NOTES:			

VITAL SIGNS

LOG BOOK