



DATE:	26-02-2025	TIME:	01:29 PM
NAME:	test55		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		115	
BREATHING RATE:		18	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		118/87	
STRESS LEVEL:		Low	
HEART RATE VARIABILITY:		59	
PRQ:		6.3	
ACTIVITY:		3	
SLEEP:		4	
EQUILIBRIUM:		5	
METABOLISM:		5	

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RELAXATION:		3	
HEMOGLOBIN:			
HBA1C:		4.0 – 5.6	
CHOLESTEROL:			
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK