



DATE:	03-09-2024	TIME:	08:28 AM
NAME:	Matt		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		92	
BREATHING RATE:		10	
OXYGEN SATURATION:		-1	
BLOOD PRESSURE:		117 / 67	
STRESS LEVEL:		Normal	
HEART RATE VARIABILITY:		25	
PRQ:		9.19	
ACTIVITY:		3	
SLEEP:		3	
EQUILIBRIUM:		4	
METABOLISM:		4	

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RELAXATION:		2	
HEMOGLOBIN:		Coming soon	
HBA1C:		6.5	
CHOLESTEROL:		Coming soon	
NOTES:			

VITAL SIGNS

LOG BOOK