



DATE:	11-09-2024	TIME:	03:41 AM
NAME:	Shahvaiz Magsi		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	120		
BREATHING RATE:			
OXYGEN SATURATION:	-1		
BLOOD PRESSURE:	145 / 86		
STRESS LEVEL:	Normal		
HEART RATE VARIABILITY:	26		
PRQ:	-1.00		
ACTIVITY:	2		
SLEEP:	3		
EQUILIBRIUM:	2		
METABOLISM:	2		

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RELAXATION:	2		
HEMOGLOBIN:	Coming soon		
HBA1C:	6.5		
CHOLESTEROL:	Coming soon		
NOTES:			

VITAL SIGNS

LOG BOOK