



DATE:	12-09-2024	TIME:	02:21 PM
NAME:	Shahvaiz Magsi		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		89	
BREATHING RATE:		25	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		139 / 88	
STRESS LEVEL:		Mild	
HEART RATE VARIABILITY:		13	
PRQ:		3.52	
ACTIVITY:		2	
SLEEP:		2	
EQUILIBRIUM:		3	
METABOLISM:		3	

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RELAXATION:		1	
HEMOGLOBIN:		Coming soon	
HBA1C:		6.5	
CHOLESTEROL:		Coming soon	
NOTES:			

VITAL SIGNS

LOG BOOK