



DATE:	20-11-2024	TIME:	02:54 AM
NAME:	Shahvaiz Magsi		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	64		
BREATHING RATE:			
OXYGEN SATURATION:	98		
BLOOD PRESSURE:	141 / 83		
STRESS LEVEL:	Low		
HEART RATE VARIABILITY:	79		
PRQ:	-1.00		
ACTIVITY:			
SLEEP:	5		
EQUILIBRIUM:	1		
METABOLISM:	1		

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RELAXATION:	4		
HEMOGLOBIN:	Coming soon		
HBA1C:	6.5		
CHOLESTEROL:	Coming soon		
NOTES:			

VITAL SIGNS

LOG BOOK