



DATE:	01-10-2024	TIME:	10:57 AM
NAME:	Nasser Al Huqbani		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		81	
BREATHING RATE:		17	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		113/76	
STRESS LEVEL:		Low	
HEART RATE VARIABILITY:		87	
PRQ:		4.6	
ACTIVITY:		4	
SLEEP:		2	
EQUILIBRIUM:		2	
METABOLISM:		2	

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RELAXATION:		4	
HEMOGLOBIN:			
HBA1C:		4.0 – 5.6	
CHOLESTEROL:			
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK