



DATE:	19-09-2024	TIME:	09:40 PM
NAME:	Konstantine		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			90
BREATHING RATE:			19
OXYGEN SATURATION:			98
BLOOD PRESSURE:			125 / 85
STRESS LEVEL:			Normal
HEART RATE VARIABILITY:			25
PRQ:			4.72
ACTIVITY:			4
SLEEP:			3
EQUILIBRIUM:			3
METABOLISM:			3

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RELAXATION:			2
HEMOGLOBIN:			Coming soon
HBA1C:			6.5
CHOLESTEROL:			Coming soon
NOTES:			

VITAL SIGNS

LOG BOOK