



DATE:	24-09-2024	TIME:	09:34 PM
NAME:	Kevin		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	102		73
BREATHING RATE:	12		
OXYGEN SATURATION:	98		-1
BLOOD PRESSURE:	114 / 74		113 / 72
STRESS LEVEL:	Low		Low
HEART RATE VARIABILITY:	42		50
PRQ:	8.17		-1.00
ACTIVITY:	4		4
SLEEP:	5		4
EQUILIBRIUM:	4		2
METABOLISM:	4		2

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RELAXATION:	2		2
HEMOGLOBIN:	Coming soon		Coming soon
HBA1C:	4.0 – 5.6		4.0 – 5.6
CHOLESTEROL:	Coming soon		Coming soon
NOTES:			

VITAL SIGNS

LOG BOOK