



DATE:	27-09-2024	TIME:	10:23 PM
NAME:	Seonghoon kwon		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			81
BREATHING RATE:			15
OXYGEN SATURATION:			98
BLOOD PRESSURE:			115 / 84
STRESS LEVEL:			Normal
HEART RATE VARIABILITY:			17
PRQ:			5.39
ACTIVITY:			4
SLEEP:			3
EQUILIBRIUM:			2
METABOLISM:			2

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RELAXATION:			1
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK